



## Therapy Process Group for Adults

- Do you feel nervous in social situations?
- Do you have difficulty making or maintaining friendships and relationships?
- Are you looking for an affordable way to get weekly support and community?
- Would you like to work on your relationship skills, and learn more about yourself in the process?

You're invited to join an ongoing therapy process group!  
Here are the details:

- Every Thursday (except for holidays)
- 3-4:15pm
- Cost: \$40 per session (\$160 to \$200 per month, depending on the length of the month).
- Payment for each month due on the first Thursday of the month.
- Location: 5555 N. Lamar Blvd. Suite E – 125, in Monrovia's office.
- Starting Thursday September 5<sup>th</sup> 2019.
- For people between the ages of 21 and 40.
- LGBTQ friendly.

**If you're interested, please contact the group facilitator for an introductory interview:**

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